

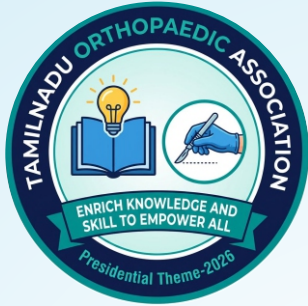
GAC 2026

Biennial 6th Ganga Arthroscopy Course 2026

March 27th - 29th 2026

Coimbatore

Scientific Program



SCAN QR CODE
FOR e PROGRAM & LIVE SURGERY DETAILS



29 Live Surgeries | 8 Sessions | 8 Workshop | 6 Breakfast Symposium
3 Panel Discussions | 3 Keynote Lectures | Live Audience Poll | Debate

Day 1: Knee Arthroscopy

Day 2: Shoulder Arthroscopy

Day 3: Elbow & Ankle Arthroscopy



📍 Conference Venue : Ganga Hospital, Coimbatore, Tamil Nadu, India.

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Knee Day- 27th March 2026, 07.30 AM to 08.30 AM

BREAKFAST SYMPOSIUMS

Symposium : 1 ACL (Auditorium) - 8 mins Each Chairperson: Sandeep Biraris, Sumanth Nayak	Symposium : 2 Meniscus (Hall - A) - 8 mins Each Chairperson: Sheetal Gupta, Amit jha	Symposium : 3 MLKI (Hall - C) - 8 mins Each Chairperson: Rajeev Raman, Bhupesh Karthik
1. Graft harvest - Hamstrings & Peroneus video technique (Sandeep Biraris) 2. BPTB & CQT video technique (Suresh P) 3. Anatomical ACL reconstruction - current evidence (Marc Tompkins) 4. Intraoperative complications of ACL - to be vigilant!!! (Palanivelrajan) 5. ACL primary repair - indications & technique (Pradeep) 6. ACL remnant preservation classification & technique (Ranajit Panigrahi) Discussion (12mins)	1. Anatomy of meniscus and indications of meniscal repair (Shivam shah) 2. Techniques of meniscal repair (outside-in, Inside-out, All-inside) (Jyothi Prasanth) 3. Ramp Classification, Technique - and obligation (Sachin Tapasvi) 4. Complex meniscal repair & Zip lesions (Sheetal Gupta) 5. Meniscal root repair (Nawaid Ahmed) 6. Radial tear techniques (Nitesh Gahlot) Discussion (12mins)	1. MCL & PMC Anatomy & repair technique (Dinesh Chidambaram) 2. MCL reconstruction - techniques (Shreyash Gajjar) 3. LCL & PLC Anatomy & decision making (Rajeev Raman) 4. PLC reconstruction (Bhupesh Karthik) 5. Arthroscopic modified larsons & Laprade PLC reconstruction (Sameer Shaikh) 6. Techniques of PCL avulsion fixation (KN Subramanian) Discussion (12mins)

Day 1: 27th March 2026 - Knee day

Time	Topic	Speaker/Moderator
8.30AM- 8.50AM	Breakfast	
8.50AM- 9.00AM	Welcome address & Inauguration	Prof Rajasekaran
9.00AM- 9.45AM	LIVE SURGERY - 1 (Auditorium) ACL - Quads - Surgeon: Shreyash Gajjar	Sandeep biraris, Raju eshwaran
9.00AM- 10.30AM	LIVE SURGERY - 2 (Hall A & Hall C) PCLR- All-inside - Surgeon: Ranajit Panigrahi	Nawaid Ahmed, Palanivelrajan, Prathmesh jain
	LIVE SURGERY - 3 (Hall A & Hall C) Multi-ligament reconstruction (MCL Reconstruction) Surgeon: Deepak Choudary & Shiv Chouksey	
9.45AM-10.30AM	LIVE SURGERY - 4 (Auditorium) ACL - Hamstring - Surgeon: Bhupesh Karthik	Chirag Thonse, Raghuveer Reddy
10.30AM- 11.15AM	ACL Session - (7 MIN EACH)	Anshu Shekhar, Vishwadeep sharma
	Infected ACL - Strategies LET & ACLR - Current evidence Revision ACL - single vs two stage ALPS score for Tibial slope Paediatric ACL Avulsion Relive Discussion (10 MINS)	Nagaraj shetty Sibin surendran Sachin Tapasvi Sachin Tapasvi Santosh Sahanand
11.15AM- 11.45AM	Panel Discussion - 1: (30 mins) - PCL+MLKI Moderator: Ramakanth R	Panelists: Marc Tompkins, Rajeev Raman, Sameer Shaikh, Santosh Sahanand, Nagaraj Shetty

Time	Topic	Speaker/Moderator
11.45AM-12.15PM	Patella session (7 mins talk)	Shreyash Gajjar, Sibin Surendran
	Planning for patellar instability MPFL advancement procedures and MPFL reconstruction for patellar instability PF instability in children Discussion (9 MINS)	Raju Easwaran Prathmesh jain Marc Tompkins
12.15PM-12.30PM	KEYNOTE LECTURE - 1 Art of trochleoplasty - when & why!!! - Philip Schoettle	Sachin Tapasvi, Arumugam
12.30PM- 1.30 PM	LIVE SURGERY - 5 (Auditorium) Slope correction osteotomy + Revision ACL reconstruction - Surgeon: Sundararajan SR	KN Subramanian, Sameer Shaikh
	LIVE SURGERY- 6 (Hall A & Hall C) PCLR- Single bundle - Surgeon: Shekhar Srivastav	Shiv Chouksey, Purnachandra tejasvi
1.30PM- 2.00PM	LUNCH BREAK	
2.00PM-3.00PM	LIVE SURGERY- 7 (Auditorium) Trochleoplasty - Surgeon: Philip Shoettle	Bhupesh Karthik, Santosh Sahanand
2.00PM-3.00PM	LIVE SURGERY- 8 (Hall A & Hall C) ACL -R - Surgeon: Terence Dsouza	Suresh P, Anshu Shekhar
	LIVE SURGERY- 9 (Hall A & Hall C) MPFL - R - Surgeon: Prathmesh Jain	
3.00PM- 3.30PM	Live Audience- Poll - (10 Q & A`s) (De-busting wrong choices by experts) Moderator: Sundararajan SR, Ramakanth R	Panelists: Sachin Tapasvi, Sameer shaikh, Sheetal gupta, Roshan wade, Raju Eshwaran
3.30PM- 4.15 PM	Osteotomy session - (7 MIN EACH)	Rajeev Raman, Sandeep Biraris
	Simplified assessment of lower limb deformity & biomechanics TCVO- When, why and How DFO- Distal femoral osteotomy DLO -Double level osteotomy . Osteotomy with ligament reconstruction Discussion (10 MINS)	Anshu Shekhar Raghuv eer Reddy Sundararajan SR Sameer Shaikh Roshan wade
4.15PM- 4.30PM	KEYNOTE LECTURE - 2 Lower limb alignment in patellar instability - Marc Tompkins	Arumugam, Sundararajan SR
4.30PM- 5.30PM	LIVE SURGERY - 10 (Auditorium) Double Level Osteotomy (DLO) - Surgeon: Sachin Tapasvi	Shekhar Srivastav, Sameer Shaikh, Pratheeban
	LIVE SURGERY - 11 (Hall A & Hall C) Meniscal Allograft Transplant (MAT) - Surgeon: Chirag Thonse	Prathmesh Jain, Jyothi Prasanth, Suman CPS
5.30PM- 6.15PM	LIVE SURGERY - 12 (Auditorium) Mosaicplasty - Surgeon: Ramakanth R	Sumanth Nayak, Karthikeyan, R.Karu Shanmuga Karthikeyan
	LIVE SURGERY - 13 (Hall A & Hall C) RR + HTO - Surgeon: Purnachandra & Santosh Sahanad	Amit jha, Nijith Govindan, Pradeep

Time	Topic	Speaker/Moderator
	Workshops	
6.00PM- 6:45PM	Workshop - 1 - (Auditorium) Cartilage - (7min talks) Arthrex	Convenor: Sheetal gupta
	OCD PF cartilage surgery Auto cart cartilage repair OC fixation with biopins Q & A SESSIONS Workshop	Marc Tompkins Sheetal gupta Shreyash Gajjar Ranajit Panigrahi
6:00PM- 6.45PM	Work-shop - 2 - (Hall A) PCL Depuy	Convenor: Sarthak patnaik
	Introduction PCL reconstruction Technique Muti ligament injury cases Transeptal PCL PCL reconstruction techniques on how to get Tunnels right Bone model demonstration by faculty	Dr Rajeev Raman Dr Sarthak Patnaik Dr Purnachandra Tejaswi Dr Sibin Surendran Dr Yogesh
6:00PM- 6:45PM	Workshop - 3 - (Hall B) Osteotomy - (7min talks) - Biotek	Convenor: Anshu Shekhar
	Steps of HTO Complications of HTO Q & A SESSIONS Workshop	Vishwadeep Sharma Anshu Shekhar
6.00 PM- 06.45PM	Workshop - 4 - (Hall C) Meniscus - (7min talks) Sironix	Convenor: Dinesh Chitambaram, Suman CPS
	Ortho-biologics Meniscus techniques inside-out, outside in, all-inside Longitudinal tears - tips and technique Root tears Meniscus allograft planning Q & A SESSIONS Workshop	Suman CPS Veerendra Mudnoor Dinesh Chidambaram, Amit jha Prasad bhagunde
7.30PM Onwards	Gala dinner - Hotel Residency	

Shoulder Day - 28th March 2026, 07.30 AM to 08.30 AM

BREAKFAST SYMPOSIUMS

Symposium : 4 Instability basics (Auditorium) 8 mins each Chairperson: Shreyash Gajjar, Venugopal	Symposium : 5 Cuff basics (Hall - A) 8 mins each Chairperson: Meet Mehta, Mukesh Ladda	Symposium : 6 Subscapularis tears (Hall - C) 8 mins Each Chairperson: Nagaraj Shetty, Shyam Sundar
<ol style="list-style-type: none"> Arthroscopic anatomy surgery Portal and position for Instability (Karthikeyan) Soft tissue bankarts repair, technique- step by step (Nitesh Gahlot) 	<ol style="list-style-type: none"> Cuff -anatomy, Tear- classification (Sumanth Nayak) Single-row repair -indications,portals, repair- technique (Raju Easwaran) Double row repair - indications & repair- technique (Prince shanavas) 	<ol style="list-style-type: none"> Arthroscopic anatomy -Subscap and tear Classification (Amit jha) Type I & II identification and management (Shyam Sundar) Type III Subscap -Inside the box repair (Vishwadeep Sharma)

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3. Remplissage- When? , Technique(knotted& knotless) (Shreyash Gajjar) 4. Assessment of bone loss and indication for bony procedures (Prakash Ayyadurai) 5. Bone block procedure for shoulder instability -Technique (Chirag thonse) 6. Open Latarjet (Sibin surendran) Discussion (12 mins)	4. Speed Bridge Cuff repair (Ranjith Panigrahi) 5. Atypical cuff tears(musculo-tendinous tear, complex tears) (Purnachandra Tejaswi) 6. Chronic tears - Repairing the so called irreparable cuff (Mukesh Ladda) Discussion (12mins)	4. Type IV Subscap - Outside the box repair (Nagaraj Shetty) 5. Irreparable Subscap tear (Anand Murthi) 6. Antero-superior-Cuff tear and biceps management (Nawaid Ahmed) Discussion (12mins)

Day 2: 28th March 2026 - Shoulder Day

Time	Topic	Speaker/Moderator
8.30AM-9.00AM	Breakfast	
9:00AM-10:00AM	LIVE SURGERY - 14 (Auditorium) Open latarjet - Surgeon: KN Subramanian	Prince shanavas, Sujith jos,
9:00AM-10:00AM	LIVE SURGERY - 15 (Hall A & Hall C) Bankarts (Knottless) - Surgeon: Prasad Bhagunde	Karthik selvaraj Senthilvelan
10:00AM-11.00AM	LIVE SURGERY - 16 (Auditorium) Bankarts + Remplissage - Surgeon: Ramakanth R	Sandeep biraris, Ranjith
	LIVE SURGERY - 17 (Hall A & Hall C) Bone block procedure ICBG(Glenoid) - Surgeon: Nagraj Shetty	Bhupesh, Purnachandra Tejasvi
11.00AM-11.15AM	Keynote Lecture - 3 Cuff Augmentation techniques My experience - Anand Murthi	Sundararajan SR, Marc Tompkins
11:15AM- 11:45AM	Panel Discussion - 2 Complex Shoulder cases Moderator: Sundararajan SR	Panelists: Marc Tompkins Sheetal Gupta, Mukesh Ladda, Raghuveer Reddy, Shreyash Gajjar
11.45AM-12.30 PM	Shoulder Video techniques(7mins)	Ramakanth,Sheetal Gupta
	Suprascapular nerve decompression HAGL relive video technique Distal clavicle bone block with osteoconnect for shoulder instability Bony Bankart` s - Double row suture bridge repair Patch augmentation in cuff repairs Transosseous cuff repair Discussion	Sujith jos Purnachandra Tejaswi Prathmeesh jain Ramakanth Chirag thonse Sheetal Gupta
12.30PM-1.30 PM	LIVE SURGERY - 18 (Auditorium) Cuff repair -Single row - Surgeon: Raju Eshwaran	Sheetal Gupta, Nawaid Ahmed
	LIVE SURGERY - 19 (Hall A & Hall C) Subscap tear(Antero-superior cuff repair) - Surgeon: Mukesh Ladda	Prasad Bhagunde, Vishwadeep Sharma

Time	Topic	Speaker/Moderator
1.30PM-2.00PM	LUNCH BREAK	
2.00PM-3.00PM	LIVE SURGERY - 20 (Auditorium) Scopy Assisted Lower trapezius transfer(SALTT) - Surgeon: Sundararajan SR	Shirish Pathak, Purnachandra Tejasvi
	LIVE SURGERY - 21 (Hall A & Hall C) Cuff repair - Double row - Surgeon: Shyam Sundar	Prasad Bagunde Sandeep biraris
3:00PM- 3.20PM	Panel Discussion - 3 Reverse Shoulder Arthroplasty Moderator: Anand Murthi	Panelists: Nagaraj Shetty, KN Subramanian, Karthik Selvaraj, Senthilvelan, Ram Chidambaram
3.20PM-4.00PM	Session - Irreparable cuff (7mins)	B Bhupesh Karthik, Mukesh Ladda
	Muscle advancement Cuff mobilisation & Partial repair cuff repair SCR- Superior capsular reconstruction Scopy assisted Lower trapezius transfer(SALTT) Trans-osseous SALTT (Scopy assisted lower trapezius transfer) Discussion (5mins)	Sujith jos Sameer Shaikh Bhupesh Karthik Anand Murthi Senthilvelan
4:00PM-4.25PM	Debate Laterjet (6mins) - Karthik Selvaraj vs Boneblock(6mins) - Ram Chidambaram Rebuttal (4mins each -8mins)	Nagaraj Shetty B Bhupesh Karthik, (5mins for jury)
4.25PM-5.15PM	LIVE SURGERY - 22 (Auditorium) Paralabral cyst decompression + Labral Repair - Surgeon: Shirish Pathak	Shivam Shah, Prince shanavas
	LIVE SURGERY - 23 (Hall A & Hall C) AC joint fixation - Surgeon: Sujith jos	Prakash ayyadurai Shyam sundar
5.15PM-6.15PM	LIVE SURGERY - 24 (Auditorium) Reverse shoulder - Surgeon: Anand murthi	Sameer sheikh, Jyothi Prasanth
	LIVE SURGERY - 25 (Hall A & Hall C) Reverse shoulder - Surgeon: Ram Chidambaram	Suman CPS Sibin Surendra Sarthak Patnaik
Workshops		
6.15PM-6.45PM	Work-shop - 5 - (Auditorium) Advancements in Shoulder Arthroscopy (S/N)	Convenor: Dr Prakash
	Q fix knotless Bone block Regeneten Massive cuff repair with helicoil regenesorb Workshop and Q & A	Dr Prakash Dr Sameer Shaikh Dr Sarthak Dr Bhupesh
6.15PM-6.45PM	Work-shop - 6 - (Hall A) Total & Reverse shoulder (Stryker)	Convenor: Karthik Selvaraj
	Shoulder Biomechanics & Arthroplasty fundamentals Indications & Surgical Approaches: Anatomic v/s Reverse Blueprint Planning: Live Planning workshop Anatomic Shoulder Replacement workshop Reverse Shoulder Replacement workshop	Dr. Karthik Selvaraj Dr. Vishwadeep Sharma Dr. Senthilvelan R Dr. Karthik Selvaraj Dr. Shyam Sundar
6.15PM-6.45PM	Work-shop - 7 - (Hall B) Advances in Reverse Shoulder Arthroplasty (Zimmer)	Convenor: Dr Anand murthi
	Basics of Reverse Shoulder Arthroplasty Pre-op Planning Software using SignONE- How it helps? The Stiff Tight Shoulder - Keys for Exposure Workshop on reverse shoulder arthroplasty	Dr Anand murthi Dr Chintan Desai Dr Prathamesh Jain

6.15PM-6.45PM	Work-shop - 8 - (Hall C) Bankarts (Osteocare)	Convenor: Shyam sundar
	Bankart Remplissage tricks Implants and how to choose Workshop and Q & A	Sibin surendra Shyam sundar

Ankle & Elbow Day - 29th March 2026

Day 3: 29th March 2026 - Ankle & Elbow Day

Time	Topic	Speaker
8.30AM-9.30AM	Ankle Session - 1 (8 mins each)	Girish Motwani, Ramakanth
	Ankle Arthroscopy set up and portals Ankle impingement and anterior arthroscopy Hindfoot arthroscopy -Position, indications and technique Behind the Heel: Arthroscopic Mastery in Posterior Ankle Impingement Tenoscopy - indications and techniques Arthroscopy in Foot & Ankle Fracture - Is it needed ? Syndesmosis and deltoid injury- Arthroscopy advantages Discussion (4min)	Terence Dsouza Gowreeson Thevendran Abdul Gafoor Girish Motwani Rahul U Gowreeson Thevendran Girish Motwani
9.30AM-10.15AM	LIVE SURGERY - 26 (Auditorium) Ankle Surgery- ATFL - Arthro-brostrom - Surgeon: Sundararajan SR	Rahul U, Abdul Gafoor
10.15AM-11.15AM	Ankle Session - 2 (8mins each)	Terence, Girish Motwani
	Talar OCD Unplugged: Size-Based Solutions – From Arthroscopy to MIS to Open Mastery ATFL tear and Ankle instability Arthro-brostrum Failed ATFL repair and revision ATFL reconstruction Complex Hindfoot Deformities - Tips and Tricks, Method versus Means Peroneal Snapping syndrome Unlocking Power: Endoscopic FHL Tendon Transfer – Technique & Transformative Benefits Discussion (4min)	Girish Motwani Rahul U SR Sundararajan Ramakanth Gowreeson Thevendran Ramakanth Girish Motwani
11.15AM-12.00PM	Elbow Session - (8 mins each)	Ram Chidambaram, Senthilvelan
	Elbow Arthroscopy set up and portals and indications Chronic Elbow instability Management of complex elbow Stiffness A Novel lateral collateral ligament reconstruction using split anconeus fascia Use of Interposition Arthroplasty in complex Elbow issues Discussion (5mins)	Ram Chidambaram Senthilvelan Ram Chidambaram Anand Murthi Senthilvelan
12.00PM-12.45 PM	LIVE SURGERY - 27 (Auditorium) Knee Live surgery - Revision ACL +HTO - Surgeon: Sundararajan SR	Terence, Pratheeban, Jyothi Prasanth

Time	Topic	Speaker
12.00PM-12.45 PM	LIVE SURGERY - 28 (Hall A & Hall C) Ankle surgery- Hindfoot arthroscopy +/-MIS for Calcaneoplasty - Surgeon: Gowreeson Thevendran	Girish Motwani, Rahul U, Abdul Gafoor
12.45PM-1.45PM	LIVE SURGERY - 29 (Auditorium) Shoulder surgery - Cuff Repair (Double row repair, Portals & Technique) - Surgeon: Ramakanth R	Terence, Pratheeban, Jyothi Prasanth
1.45PM Onwards	VALEDICTORY, LUNCH	

GAC ORGANISING TEAM

Organising Chairman
Dr. S Rajasekaran

Organising Secretary
Dr. SR Sundararajan

Co-Organizing Secretary
Dr Ramakanth R
Dr Terence D'souza

Organising Committee

Dr. Halesh G V | Dr. Arun Prasanth | Dr. Jasveer ola | Dr. Sahas | Dr. Akshay Kumar N S
Dr. Athipathi S | Ms. Keerthi | Ms. Malathi | Mr. Samuel

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